



Tria Health programs offer you clinical guidance through the complexities of health care.

Our goal is to make sure your medications are:



2017/2018 Plan Year

www.triahealth.com | 1.888.799.8742



*Tria Health is a **confidential and free** benefit for you and your family provided through your insurance plan with Douglas County.*

PHARMACY ADVOCATE PROGRAM

What is it?

Tria Health's pharmacists act as your personal medication experts and work with you and your physician to reduce the risk of medication-related problems.

Who can enroll?

Plan members (including dependents) who:

- Take multiple medications
- Have at least 1 chronic condition

Targeted Conditions:

- Asthma
- High Blood Pressure
- Diabetes
- High Cholesterol
- Depression
- Osteoporosis
- Heart Disease

Getting Started in the Pharmacy Advocate Program

1. Enroll Online

www.triahealth.com/Patients/EnrollmentForm

You may request a paper enrollment form by calling the Tria Help Desk at 1.888.799.8742. After you enroll, Tria Health will call you to schedule an appointment to speak with a Tria pharmacist.

2. Speak with Your Tria Health Pharmacist

Confidentially speak one-on-one with a Tria pharmacist to review all of your medications (including over-the-counter and herbal supplements).



3. Personalized Resources for You

Receive a summary of the recommendations made by your Tria pharmacist and a pocket-sized "Tria Med Card" to help you keep track of your medications.



Participate & Save Money on Your Prescriptions!

As an active participant in this program, *you will pay lower drug copayments* if you take medications that are targeted by the Pharmacy Advocate program.

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OTHER TRIA HEALTH PROGRAMS

If you are eligible for one of the following programs, you will receive a letter in the mail.

Affordable Med Program:

Saves you money by identifying less expensive and equally effective alternatives for your brand medications.

Compliance Alerts:

Forget to take your medications? Do side effects cause you to skip your meds? Compliance Alerts find solutions to help you take your medications as prescribed.

Med Safety Alerts:

Prevents the risks associated with taking medications that cause an adverse reaction when taken together.

Tria Clinical Alerts:

Identifies when taking an additional medication in conjunction with your current treatment can improve your condition (based on clinical guidelines).

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Questions?

Call the Tria Help Desk:

1.888.799.8742

Monday - Thursday, 8am - 9pm CST

Friday, 8am - 7pm CST

Saturday, 9am - 5pm CST



“This is a wonderful service! I feel much more at ease with understanding my medications and managing my overall health. Thank you so much.”

- Tria Health Patient

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