

Douglas County Behavioral Health Court

Request to Advance

To be completed and turned in on the last Thursday of the month to be considered for Phase Advancement on the First Thursday of the month.

*Phase III to Phase IV

Name: _____

Date of last advancement: _____ Date of Request: _____

| | | |
|---|-----|-----|
| Have you had a positive drug test in Phase III? If so, how many? _____ Date of last use: _____ | Yes | No |
| Have you failed to report to Adult Services in Phase III? | Yes | No |
| Have you received any sanctions in Phase III? If so, date _____. | Yes | No |
| What % of Mental Health Treatment appointments have you made during Phase III? | | |
| What % of Substance Abuse Treatment appointments have you made during Phase III? | | N/A |
| Do you have a plan for stable housing? | Yes | No |
| Do you have income and a written budget? | Yes | No |

On the back of this paper, choose one of the following questions and answer it.

- 1) In Phase III you are required to submit a **Relapse Prevention Plan** if engaged in substance abuse treatment. Attach a copy of the plan that you and your counselor created.
- 2) If sanctioned, how did you learn from it?
- 3) As you move from Phase III to Phase IV, your program requirements are lessened. What plans do you have set up to ensure you continue to work on your Recovery and Daily Wellness?
- 4) Come up with your **"Service Project"** idea. Submit your project details (what, when, where and length of time needed to complete) for BHC Team approval.

***BHC will review the above information as well as consider the guidelines for moving from Phase II to Phase III which include:**

- **Be sanction free for 30 days**
- **Be alcohol/drug free for 60 days**
- **Be fully engaged in treatment**

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|-------------------|------|----------|--------|
| | | Approved | Denied |
| Judge's Signature | Date | | |